

Appendix F - Exercise Provider Contact Details & Pricing Tariff, North Warwickshire Borough

Up to date as at 14.03.12, accessible to download at www.cswsport.org.uk/exercisereferral under section Appendix F

<p>Atherstone Leisure Complex, North Warwickshire Borough Council</p> <p>Contact: Ashley Lapidge, Exercise Referral Lead, Warwickshire Exercise Referral Scheme (private and confidential)</p> <p>Address: Lifetimes Fitness Suite, Atherstone Leisure Complex, Long Street, Atherstone, CV9 1AX</p> <p>Phone No.: 01827 722198</p> <p>Email Address: ashleylapidge@northwarks.gov.uk</p> <p>Website: www.northwarks.gov.uk/leisure</p> <p>Pricing: up until 31st March 2012</p> <p>4 week pass - £17.00 (3 passes required to complete the 12 week scheme) Free @ctive card holder benefits apply for the duration of the scheme. After the Scheme pay as you go and membership options are available</p> <p>Facilities for Scheme: Gym, exercise classes, swimming pool</p> <p>Disability Access/DDA Compliance: Disability Discrimination Act (DDA) Compliant</p> <p>Car Parking Charges applicable: No</p> <p>Age Criterion: 16+ only</p>	<p>Coleshill Leisure Centre, North Warwickshire Borough Council</p> <p>Contact: Lisa Rhodes, Exercise Referral Lead, Warwickshire Exercise Referral Scheme (private and confidential)</p> <p>Address: Lifetimes Fitness Suite, Coleshill Leisure Centre, Park Road, Coleshill, Birmingham, B46 3LA</p> <p>Phone No.: 01675 466022</p> <p>Email Address: lisarhodes@northwarks.gov.uk</p> <p>Website: www.northwarks.gov.uk/leisure</p> <p>Pricing: up until 31st March 2012</p> <p>4 week pass - £17.00 (3 passes required to complete the 12 week scheme) Free @ctive card holder benefits apply for the duration of the scheme. After the Scheme pay as you go and membership options are available</p> <p>Facilities for Scheme: Gym and exercise classes</p> <p>Disability Access/DDA Compliance: Not Disability Discrimination Act (DDA) compliant</p> <p>Car Parking Charges applicable: No</p> <p>Age Criterion: 16+ only</p> <p>Other: 1:1 parts of the scheme are available on Mondays All Day Tuesdays 9 – 2, Wednesdays 9 – 6.</p>
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Polesworth Sports Centre, The Polesworth School, North Warwickshire Borough Council

Contact: Wendie Fraser, Exercise Referral Lead, Warwickshire Exercise Referral Scheme (private and confidential)

Address: Lifetimes Fitness Suite, Polesworth Sports Centre, The Polesworth School, Dordon Road, Dordon, Tamworth, B78 1QT

Phone No.: 01827 894091

Email Address: WendieFraser@northwarks.gov.uk

Website: www.northwarks.gov.uk/leisure

Pricing: up until 31st March 2012

4 week pass - £17.00 (3 passes required to complete the 12 week scheme)

Free @ctive card holder benefits apply for the duration of the scheme. After the Scheme pay as you go and membership options are available

Facilities for Scheme: Gym and exercise classes

Disability Access/DDA Compliance: Not Disability Discrimination Act (DDA) compliant

Car Parking Charges applicable: No

Age Criterion: 16+ only

Other: 1:1 parts of the scheme are available on Mondays 9 – 3, Wednesdays 3 – 9, Thursdays 9 - 3, Fridays 9 – 3.

Lea Marston Hotel Health Club, Lea Marston, Sutton Coldfield

Contact: Elaine Barker, Exercise Referral Lead, Warwickshire Exercise Referral Scheme (private and confidential)

Address: Lea Marston Hotel Health Club, Haunch Lane, Lea Marston, Warwickshire, B76 0BY

Phone No.: 01675 471270

Email Address: elaine.barker@leamarstonhotel.co.uk

Website: www.leamarstonhotel.co.uk/warwickshire/healthclub.asp

Pricing: up until 31st December 2012

Administration fee – £10

12 week programme - £60 (to be paid in one instalment - entitles the participant to full membership during this period)

Facilities for Scheme: Gym, swimming pool, Jacuzzi, sauna and steam room

Disability Access/DDA Compliance: Yes

Car Parking Charges applicable: No

Age Criterion: 16+ only