

More comprehensive details are available on the relevant District / Borough download, e.g. age boundaries, car parking charges etc. at www.cswsport.org.uk/exercisereferral under the Appendix F section – update to date as at 14.03.12

<p>Warwick District - St. Nicholas Park Leisure Centre, Warwick, Warwick District Council</p> <p>Contact: (private & confidential) Barbara Jones, Warwickshire Exercise Referral Scheme, St.Nicholas Park Leisure Centre, Banbury Road, Warwick, CV34 4QY</p> <p>Phone No.: 01926 495353</p> <p>Email Address: Barbara.jones@warwickdc.gov.uk</p> <p>Pricing: up to date until 31 December 2012</p> <p>£10 Registration fee, includes 3 health assessments and 8 gym sessions £20 for a further 8 sessions</p> <p>After exercise referral scheme period - £25 annual payment, £3.80 off peak, £4.80 peak, £2.30 concession or Direct Debit options £34 and £24 concessionary</p>	<p>Warwick District - Castle Farm Recreation Centre, Kenilworth, Warwick District Council</p> <p>Contact: (private & confidential) Amarjeet Virk, Warwickshire Exercise Referral Scheme, Castle Farm Recreation Centre, Fishponds Road, Kenilworth, CV8 1EY</p> <p>Phone No.: 01926 850550</p> <p>Email Address: amarjeet.virk@warwickdc.gov.uk</p> <p>Pricing: up to date until 31 December 2012</p> <p>£10 Registration fee, includes 3 health assessments and 8 gym sessions £20 for a further 8 sessions</p> <p>After exercise referral scheme period - £25 annual payment, £4.00 off peak, £5.00 peak, £2.50 concession or Direct Debit options £34 and £24 concessionary</p>
<p>Warwick District – Warwickshire College, Leamington Campus</p> <p>Contact: (private & confidential) Dene Holloway / Helen Pennells, Warwickshire Exercise Referral Scheme, Warwickshire College, Leamington Campus, Warwick New Road, Leamington, CV32 5JE</p> <p>Phone No.: 01926 318046</p> <p>Email Address: fitness@warkscol.ac.uk</p> <p>Pricing: up until 31 August 2012</p> <p>No joining / Induction fee</p> <p>Currently £14.00 for a book of 8 vouchers. Max 3 books of vouchers</p> <p>Each book has to be paid for at the start of the 1st visit of 8</p> <p>After referral scheme go onto normal tariff, currently £16 per month payable by direct debit</p>	<p>Warwick District - Curves for Women, Kenilworth</p> <p>Contact: (private & confidential) Denise Knight, Curves for Kenilworth, 11 Talisman Square, Kenilworth, CV8 1JB</p> <p>Phone No.: 01926 853000</p> <p>Email Address: : curveskenilworthreferrals@gmail.com</p> <p>Pricing: up to date until 31 December 2012</p> <p>- £75 for 3 months, payable in advance, to include 3 Health Assessments or £30 payable monthly, for 3 months, to include 3 Health Assessments.</p> <p>After exercise referral scheme period - £34 per month by standing order or £40 month to month.</p>

<p>Warwick District - Newbold Comyn Leisure Centre, Leamington, Warwick District Council – Referral</p> <p>Referrals should be made to one of the other leisure centres as Leila, the qualified exercise referral instructor is out of the country until May 2012. Unfortunately, there are no other qualified exercise referral instructors to take referrals until then.</p>	<p>Stratford District - Warwickshire College, Henley-in-Arden Campus</p> <p>Contact: (private & confidential) Dene Holloway / Helen Pennells, Warwickshire Exercise Referral Scheme, Warwickshire College, Henley-in-Arden Centre, Stratford Road, Henley-in-Arden, Warwickshire, B95 6AB Phone No.: 01564 797819 / 01564 797809 Email Address: fitness@warkscol.ac.uk Pricing: up to date until 31 August 2012 No joining / Induction fee Currently £16.00 for a book of 8 vouchers. 3 books of 8 vouchers then go onto normal tariff, currently £23.00 per month Each book has to be paid for at the start of the 1st visit of 8</p>
<p>Stratford District - Stratford Leisure & Visitor Centre (Everyone Active)</p> <p>Contact: (private & confidential) Sarah Greenhow, Fitness Manager, Warwickshire Exercise Referral Scheme, Stratford Leisure & Visitor Centre, Bridgefoot, Stratford-upon-Avon, Warwickshire, CV37 6YY Phone No.: 01789 268826 Email Address: sarahgreenhow@slm-ltd.co.uk Pricing: up to date until 31 December 2012 Option 1. £47 fee -12 weeks x 2 visits per week Option 2. £20 induction fee + 23 visits x £2.50/session</p>	<p>Stratford District - Shipston Leisure Centre (Everyone Active)</p> <p>Contact: (private & confidential) Sarah Greenhow, Fitness Manager, Shipston Leisure Centre, Warwickshire Exercise Referral Scheme, Darlingscote Road, Shipston-on-Stour, Warwickshire, CV36 4DY Phone No.: 01608 662354 Email Address: sarahgreenhow@slm-ltd.co.uk Pricing: up to date until 31 December 2012 £20 per month membership fee – 12 week referral period = £60 (3 months x £20)</p>
<p>Rugby Borough – Ken Marriott Leisure Centre (DC Leisure), Rugby</p> <p>Contact: (private & confidential) Garry Kingsnorth, Fitness Manager, Warwickshire Exercise Referral Scheme, Ken Marriott Leisure Centre, Bruce Williams Way, Rugby, CV22 5LJ Phone No.: 01788 535851 Email Address: garrykingsnorth@dcleisure.co.uk Pricing: £17.50 per block of 8 sessions (Price increase from 1 April 2012 - £20.80 per block of 8 sessions)</p>	<p>Nuneaton & Bedworth Borough – Pingles Leisure Centre or Bedworth Leisure Centre, and the Family Lifestyle Service for 4-13 year olds</p> <p>Referrals can be made for 4-13 year olds to the Family Lifestyle Service.</p> <p>Contact: (private & confidential) Anneka Ransome, Physical Activity Consultant, Exercise Referral Scheme, Nuneaton & Bedworth Leisure Trust, Heron House, Newdegate Street, Nuneaton, CV11 4EL Phone No / Email.: 02476 400547 / Anneka.Ransome@nbleisuretrust.org Pricing: up to date until March 2012 - £17 per 4 week period TBC 4-13 year olds – price determined by the Family Lifestyle Adviser service</p>

North Warwickshire Borough – Atherstone Leisure Complex

Contact: (private & confidential) Ashley Lapidge, Warwickshire Exercise Referral Scheme, Lifetimes Fitness Suite, Atherstone Leisure Complex, Long Street, Atherstone, CV9 1AX

Phone No.: 01827 722198

Email Address: atherstoneleisurecomplex@northwarks.gov.uk

Pricing: up to date until 31 March 2012

4 week pass - £17.00 (3 passes required to complete the 12 week scheme)

North Warwickshire Borough – Coleshill Leisure Centre

Contact: (private & confidential) Lisa Rhodes, Warwickshire Exercise Referral Scheme, Lifetimes Fitness Suite, Coleshill Leisure Centre, Park Road, Coleshill, Birmingham, B46 3LA

Phone No.: 01675 466022

Email Address: coleshillleisurecentre@northwarks.gov.uk

Pricing: up to date until 31 March 2012

4 week pass - £17.00 (3 passes required to complete the 12 week scheme)

North Warwickshire Borough – Polesworth Sports Centre

Contact: (private & confidential) Wendie Fraser, Warwickshire Exercise Referral Scheme, Lifetimes Fitness Suite, Polesworth Sports Centre, The Polesworth School, Dordon Road, Dordon, Tamworth, B78 1QT

Phone No.: 01827 894091

Email Address: polesworthsportscentre@northwarks.gov.uk

Pricing: up to date until 31 March 2012

4 week pass - £17.00 (3 passes required to complete the 12 week scheme)

North Warwickshire Borough – Lea Marston Hotel, Lea Marston

Contact: (private & confidential) Elaine Barker, Health Club, Warwickshire Exercise Referral Scheme, Lea Marston Hotel Health Club, Haunch Lane, Lea Marston, Warwickshire, B76 0BY

Phone No.: 01675 471270

Email Address: elaine.barker@leamarstonhotel.co.uk

Pricing: up to date until 31 December 2012

Administration fee – £10

12 week programme - £60 (to be paid in one instalment - entitles the participant to full membership during this period)