

BIRMINGHAM COUNTY FA GIRLS SECONDARY SCHOOLS FOOTBALL LEAGUES

COVENTRY SCHOOLS HANDBOOK

2009-10



COMPETITION
MANAGERS



Affiliated to Birmingham County FA

Setting the highest standards

League Rules

- All players should be wearing shin-pads whilst competing (no exceptions).
- No jewellery to be worn by players at any time whilst playing.
- The leagues operate a 'strikes' discipline process - any team receiving 2 strikes will be removed from the league. Failure to attend league fixtures on one week will warrant 1 strike.
- Teams should give the league co-ordinator 7 days notice if they are unable to attend—if this period of notice is adhered to we will endeavour to re-arrange the fixtures where possible.
- Please ensure any messages left for league co-ordinators have been received!
- Teams not attending fixtures will lose their games that week (0-1) and will not receive their losing point.
- Please respect the referees at all times—without them we can not run the league.
- In line with FA rules: all players must play within their relevant age groups: 7(U12), 8&9 (U14), 10&11 (U16).
- 3 points are awarded for a win, 2 points are awarded for a draw, and 1 point is awarded to a losing team.
- All players, teachers, spectators and officials must adhere to the standard FA codes of conduct as printed in this booklet. Breach of these codes of conduct may result in their removal from the league.



CODES OF CONDUCT

FAIRPLAY POINTS

BCFA takes fairplay seriously and as a result will be awarding a single 'fairplay point' after each match is played, to the team which is deemed by the 'game leader' to have shown the best example of fairplay during the fixture. These fairplay points will be collated and put into a fairplay league table. The team finishing at the top of the fairplay table at the end of the season will receive a special prize from BCFA.

Codes of Conduct for Coaches/Teachers within the Birmingham Secondary Schools League

Coaches are key to the establishment of ethics in football. Their concept of ethics and their attitude directly affects the behaviour of players under their supervision. Coaches are therefore, expected to pay particular care to the moral aspect of their conduct.

Coaches have to be aware that almost all of their everyday decisions and choices of actions, as well as strategic targets, have ethical implications.

It is natural that winning constitutes a basic concern for Coaches. This code is not intended to conflict with that. However, the code calls for Coaches to disassociate themselves from a 'win-at-all-costs' attitude.

Increased responsibility is requested from Coaches involved in coaching young people. The health, safety, welfare and moral education of young people are a first priority, before the achievement or the reputation of the club, school, Coach or parent.

Set out below is The F.A Coaches Association Code of Conduct (which reflects the standards expressed by the National Coaching Foundation and the National Association of Sports Coaches) which forms the benchmark for all involved in coaching;

1. Coaches must respect the rights, dignity and worth of each and every person and treat each equally within the context of sport.
2. Coaches must place the well-being and safety of each player above all other considerations, including the development of performance.
3. Coaches must adhere to all guidelines laid down by governing bodies.
4. Coaches must develop an appropriate working relationship with each player based on mutual trust and respect.
5. Coaches must not exert undue influence to obtain personal benefit or reward.
6. Coaches must encourage and guide players to accept responsibility for their own behaviour and performance.
7. Coaches must ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of players.
8. Coaches should, at the offset, clarify with the players (and, where appropriate, parent) exactly what is expected of them and also what they are entitled to expect from their coach.
9. Coaches must co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physiotherapists) in the best interests of the player.
10. Coaches must always promote the positive aspects of the sport (e.g. fair play) and never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rules and regulations or the use of prohibited substances or techniques.
11. Coaches must consistently display high standards of behaviour and appearance.
12. Coaches must not use or tolerate inappropriate language.



CODES OF CONDUCT

Code of Conduct for Players in the Birmingham Secondary Schools Girls Football League

Obligations towards the Game - *A player should*

1. Make every effort to develop their own sporting abilities, in terms of skill, technique, tactics and stamina.
2. Give maximum effort and strive for the best possible performance during a game, even if his team is in a position where the desired result has already been achieved.
3. Set a positive example for others, particularly young players and supporters.
4. Avoid all forms of gamesmanship and time-wasting.
5. Always have regard for the best interests of the game, including where publicly expressing an opinion on the game and any particular aspect of it, including others involved in the game.
6. Not use inappropriate language.

Obligations towards one's own Team - *A player should*

1. Make every effort consistent with Fair Play and the Laws of the Game to help his own team win.
2. Resist any influence which might, or might be seen to, bring into question his commitment to the team winning.

Respect for the Laws of the Game and Competition Rules - *A player should*

1. Know and abide by the Laws, rules and spirit of the game, and the competition rules.
2. Accept success and failure, victory and defeat, equally.
3. Resist any temptation to take banned substances or use banned techniques.

Respect towards Opponents - *A player should*

1. Treat opponents with due respect at all times, irrespective of the result of the game.
2. Safeguard the physical fitness of opponents, avoid violence and rough play, and help injured opponents.

Respect towards the Match Officials - *A player should*

1. Accept the decision of the Match Official without protest.
2. Avoid words or actions which may mislead a Match Official.
3. Show due respect towards Match Officials.

Respect towards Team Officials - *A player should*

1. Abide by the instructions of their Coach and Team Officials, provided they do not contradict the spirit of the code.
2. Show due respect towards the Team Officials of the opposition.

Obligations towards the Supporters - *A player should*

1. Show due respect to the interests of supporters.



RULES OF PLAY

Under 13's = 5-a-side

Under 15's = 5-a-side

The Goalkeeper

- The GK is NOT allowed out of her area - a penalty will be awarded if she does.
- The GK must roll the ball out of the area after she has picked it up.
- If the ball is passed back to the GK by a member of her own team she must use her feet and not pick the ball up - a penalty will be awarded if she does.
- All players except the GK are allowed anywhere on the pitch.

A Direct free kick will be awarded to the opposing team if a player commits any of the following offences.

- Attempts to or kicks, trips, jumps at, charges at, strikes, spits, holds or pushes an opponent.
- Handles the ball deliberately (except the GK in her area).
- Plays in a dangerous manner.
- Impedes the progress of an opponent before touching the ball during a tackle.
- Obstructing the GK's distribution of the ball.
- Slide-tackles.

A penalty kick will also be awarded for the following offenses:

- If the GK does not release the ball within 6 seconds of picking it up.

Other

- There is no offside rule.
- The ball is allowed over head height.
- A standard throw in is used if the ball goes over the side-line
- Substitutions will be roll-on-roll-off.

All other FA rules apply.
The referees decision is final.



DATES OF PLAY 2009/2010 SEASON

Dates	Age Group	Venue
Wednesday 18th November	Under 13s	Woodlands Sports College
Wednesday 25th November		
Wednesday 2nd December		
Wednesday 9th December		
Wednesday 18th November	Under 15s	Woodlands Sports College
Wednesday 25th November		
Wednesday 2nd December		
Wednesday 9th December		

DATE	AGE GROUP	VENUE
TBC	U13 & U15	TBC

BCFA Girls Schools Championships



The Football Association Girls Centres of Excellence

There are 52 licensed FA Centres of Excellence in operation across England providing weekly quality coaching and a localised fixture programme for talented girls from the age of 8-16. The centres of excellence are the first step on the pathway to the national U15 & U17 squads.

Within the Birmingham County FA area we have 4 centres - Aston Villa, Birmingham City, Coventry City, and Wolverhampton Wanderers.

The main 'trialing' period for players takes place during June each year but centres will offer exceptional players the opportunity to trial during the playing season.

Please find local contact details below:



ASTON VILLA GIRLS CENTRE OF EXCELLENCE

Director: Martin Harrison

Contact: 07966 868612



BIRMINGHAM CITY GIRLS CENTRE OF EXCELLENCE

Director: Marc Skinner

Contact: 07903 585526



COVENTRY CITY GIRLS CENTRE OF EXCELLENCE

Director: Terry Harvey

Contact: 07983 429990



WOLVERHAMPTON WANDERERS GIRLS CENTRE OF EXCELLENCE

Director: James Astle

Contact: 07737 003545

Please get in touch if you want to find out more about your local centre of excellence. Centres of excellence will also take recommendations from teachers—so if you feel that you have an exceptional player within your school please contact the centre of excellence director.

