

Rugby Borough Walks, Walking for Health Scheme

(Version up to date as at 01.12.11)

Day	Time	Name of Group	Venue	Frequency of Walk	Contact
Monday	10am	West Indian Walk Association	St Peters Road, Rugby	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Monday	11am	Wolston and Stretton-on-Dunsmore Walks	Half Moon Inn Pub / Shoulder of Mutton Pub *	Weekly *	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Tuesday	9.15am	Brownsover Buggy Walks	Boughton Leigh Children's Centre	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Tuesday	2pm	Dunchurch Community Walks	The Green Man Monument, Dunchurch	Weekly	Pearl Bennett, Co-ordinator on 01788 810367 or Laura Musgrave
Wednesday	10am	Brinklow Community Walks	The Revel Surgery, Brinklow	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Thursday	9.15am	Long Lawford Walk and Talk	Lawford Children's Centre, Long Lawford	Weekly	Naomi Blakemore, Volunteer Walk Leader on 01788 568554 or Laura Musgrave
Thursday	12.15pm	Caldecott Park Health Walk	Caldecott Park, Rugby	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Friday	10am	Bilton and Cawston Strollers	Mosaic Coffee Shop, Bilton	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Friday	10.30am	Dunchurch Community Walks	The Green Man Monument, Dunchurch	Weekly	Pearl Bennett, Co-ordinator on 01788 810367 or Laura Musgrave
Friday	10.30am	Rugby Hindu Temple Walks	Hindu Temple, Kimberley Road, Rugby	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721
Sunday	10.30am	Dunchurch Community Walks	The Green Man Monument, Dunchurch	Monthly (1 st Sunday of every month)	Pearl Bennett, Co-ordinator on 01788 810367 or Laura Musgrave
Sunday	11.30am	Newbold Community Walk	The Newbold Crown, Newbold	Weekly	Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721

For further details on these walks please contact Laura Musgrave, Family Lifestyle and Active Recreation Officer on 01788 533721 or email laura.musgrave@rugby.gov.uk. For walks in other areas as part of the Walking for Health scheme, please refer to www.wfh.naturalengland.org.uk/walkfinder, as well as further information on the above walks.

* Wolston walks take place in January, March, May, July, September and November.

Stretton-on-Dunsmore walks take place in February, April, June, August, October and December

Wolston walks from the Half Moon Inn Pub and Stretton-on-Dunsmore walks take place from the Shoulder of Mutton Pub