

Stratford District Walks, Walking for Health Scheme

(Version up to date as at 01.12.11)

Day	Time	Name of Group	Venue	Frequency of Walk	Contact
Monday	10am	South Warwickshire: Ageing Well, Age UK Warwickshire	Stratford Leisure and Visitor Centre	Weekly (except Bank holidays)	Age UK Warwickshire, 07825 187124
Monday	10.30am	Bidford-on-Avon Set the Pace Walks	From the bridge across the Avon, Bidford-on-Avon	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Tuesday	10am	Alcester Set the Pace Walks	Greig Lifestyles Centre, Alcester	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Tuesday	2pm	Southam Set the Pace Walks	Southam Leisure and Visitor Centre	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Wednesday	10.30am	Stratford Set the Pace Walks	Stratford Leisure and Visitor Centre	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Wednesday	11am	South Warwickshire: Ageing Well, Age UK Warwickshire	Malt Mill Lane, Alcester	Fortnightly	Age UK Warwickshire, 07825 187124
Wednesday	2.30pm	Studley Set the Pace Walks	Youth Centre, Studley	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Wednesday	5.30-7pm	Stratford Set the Pace Track Walking	Stratford High School Athletics Track	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Thursday	10am	Shipston Set the Pace Walks	Shipston Leisure Centre	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Friday	9.45am	Wellesbourne Set the Pace Walks	Village Hall, Wellesbourne	Weekly	Peter Davies on 01789 841755 or 07973 908249
Friday	1pm	Staff Lunchtime Set the Pace Health Walk	Council Offices, Church Street, Stratford	Weekly	Helen Slatter on 01789 260606 Stratford District Council
Other		Southam Strollers 'Prams in the Park'	Southam Children's Centre	Irregularly	Tracey Tidmas or Karen Shipley on 01926 814953

For further details on these walks and walks in other areas as part of the Walking for Health scheme, please refer to

www.wfh.naturalengland.org.uk/walkfinder